

2009 St. Andrews Track & Field Statistics

Event	Knights Athlete	Seahawk Invite UNC Wilmington March 13-14	Braves Classic UNC Pembroke March 18	PowerSox Invite Lenoir-Rhyne April 11	Conf. Champs. Lees-McRae April 17-18	
WOMEN						
800m	-	-	-	-	-	-
St. Andrews 800m Record: 2:33.83 (Leah Nicholson)						
1500m	Alyson Trovato	5:00.88	4:54.51 (PR)	5:02.61	4:55.98	
	Tiffany Williams	5:40.49 (PR)	-	5:46.90	5:51.71	
	Tierra Savage	-	5:43.74	5:40.14 (PR)	5:41.07	
	Danielle Martin	6:31.70	6:15.02	6:21.31	6:14.67 (PR)	
	Rebecca Maye	6:45.03	6:15.86 (PR)	6:44.57	6:21.39	
St. Andrews 1500m Record: 4:54.51 (Alyson Trovato)						
3000m	Alyson Trovato	-	10:42.65 (PR)	-	-	
	Tierra Savage	-	12:51.80 (PR)	-	-	
St. Andrews 3000m Record: 10:42.65 (Alyson Trovato)						
5000m	Alyson Trovato	18:35.41 (PR)	-	18:42.03	19:08.74	
	Tiffany Williams	20:25.86 (PR)	-	21:10.05	23:00.83	
St. Andrews 5000m Record: 18:35.41 (Alyson Trovato)						
10000m	Alyson Trovato	-	-	-	39:50.09 (PR)	
	Tiffany Williams	-	-	-	48:42.64 (PR)	
	Tierra Savage	-	-	-	48:42.86 (PR)	
St. Andrews 10000m Record: 39:50.09 (Alyson Trovato)						
Shot Put	Tyler Lee	8.41m	8.59m	8.70m	9.09m (PR)	
	Amy Tripson	7.10m	6.71m	6.97m	7.30m (PR)	
St. Andrews Shot Put Record: 11.69m (Kristin Zipkin)						
Discus Throw	Tyler Lee	27.09m	22.97m	27.54m	27.81m	
St. Andrews Shot Put Record: 29.94m (Jacquelyn Adcock)						
Hammer	Tyler Lee	24.88m (PR)	22.35m	20.71m	23.23m	
St. Andrews Hammer Throw Record: 24.88m (Tyler Lee)						
Long Jump	Katy Hutchings	3.64m	3.91m (PR)	3.54m	3.52m	
	Tyler Lee	-	-	-	3.99m (PR)	
St. Andrews Long Jump Record: 3.99m (Tyler Lee)						
Javelin	Amy Tripson	-	-	-	16.70m (PR)	
St. Andrews Javelin Throw Record: 35.84 (Tessa Franz)						
100m Hurdles	Katy Hutchings	-	-	-	22.01m (PR)	
St. Andrews 100m Hurdles Record: 22.01m (Katy Hutchings)						

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MEN						
100m	Cameron Cofield	-	-	11.84 (PR)	-	
St. Andrews 100m Record: 11.84 (Cameron Cofield)						
200m	Charles Phillips	-	-	24.00	23.83 (PR)	
St. Andrews 200m Record: 23.83 (Charles Phillips)						
400m	Charles Phillips	54.57	53.66	-	-	
St. Andrews 400m Record: 52.77 (Charles Phillips)						
800m	Josh Pickett	-	-	-	2:05.41	
	Brad McKee	-	-	-	2:15.02	
	Will Foronda	2:25.37	2:23.52 (PR)	-	-	
	Jon Lecker	2:27.32	2:18.39 (PR)	2:23.30	2:20.58	
	Patrick Hogan	2:31.96	2:24.09 (PR)	2:36.68	-	
St. Andrews 800m Record: 1:59.14 (Ryan Janes)						
1500m	Jim Walls	4:27.04	4:22.34 (PR)	4:31.49	4:30.89	
	Josh Pickett	4:42.60	4:37.11	-	4:30.29	
	Brad McKee	4:45.20	4:40.49	4:50.67	4:38.13 (PR)	
	Tommy Wilson	4:45.78	4:42.53 (PR)	4:42.87	-	
	James Lloyd	-	-	4:43.87	-	
	Jon Lecker	4:49.04	4:48.46 (PR)	5:04.22	4:50.86	
	Patrick Hogan	-	-	-	5:19.61	
	Will Foronda	4:59.03	4:56.51 (PR)	-	-	
St. Andrews 1500m Record: 4:05.22 (Ryan Janes)						
5000m	Mitch Cooper	15:40.80	16:05.73	15:55.90	15:56.49	
	Doug Holt	16:18.67	16:10.40 (PR)	16:12.97	16:35.68	
	Jim Walls	16:46.47 (PR)	16:50.95	17:13.27	17:36.24	
	James Lloyd	17:21.19	-	17:55.14	18:25.71	
	Tommy Wilson	17:32.82	17:27.27 (PR)	17:46.62	18:48.76	
	Brad McKee	17:55.15 (PR)	17:57.27	19:55.16	-	
St. Andrews 5000m Record: 14:56.60 (Mitch Cooper)						
10000m	Mitch Cooper	-	-	-	32:32.99 (PR)	
	Doug Holt	-	-	-	33:53.03 (PR)	
	James Walls	-	-	-	36:16.52 (PR)	
	Tommy Wilson	-	-	-	36:45.04 (PR)	
St. Andrews 10000m Record: 32:17.94 (Pedro Tapia, Jr.)						
3000m Steeplechase	Mitch Cooper	9:59.46	9:44.75	9:57.10	9:44.23	
	Doug Holt	10:06.71	9:51.59 (PR)	10:15.89	10:09.07	
	James Lloyd	11:11.65	11:12.66	-	11:05.41	
St. Andrews 3000m Steeplechase Record: 9:34.16 (Mitch Cooper)						

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MEN						
Long Jump	Cameron Cofield	6.10m	6.43m (PR)	6.27m	6.28m	
	Charles Phillips	6.34m	6.25m	6.41m	6.27m	
St. Andrews Long Jump Record: 6.47m (Charles Phillips)						
High Jump	Charles Phillips	1.80m	-	1.85m (PR)	1.88m (PR)	
	Dominique Hollins	-	1.78m (PR)	1.75m	1.78m (PR)	
	Cameron Cofield	-	-	1.70m	1.83m (PR)	
St. Andrews High Jump Record: 1.88 (Charles Phillips)						
Triple Jump	Cameron Cofield	12.28m	n/a	12.51m	12.65m (PR)	
	Charles Phillips	12.05m	n/a	12.23m	12.18m	
St. Andrews Triple Jump Record: 13.04m (Charles Phillips)						
Shot Put	Matthew Rogers	11.70m	12.16m	12.50m	14.35m (PR)	
	Allen Kiefer	9.67m	8.87m	10.19m	10.25m (PR)	
St. Andrews Shot Put Record: 12.50m (Matthew Rogers)						
Javelin	Allen Kiefer	-	-	35.31 (PR)	31.87m	
St. Andrews Javelin Record: 45.58m (Caelan Garner)						
Discus	Matthew Rogers	-	31.99m	35.46m (PR)	35.01m	
St. Andrews Shot Put Record: 35.46m (Matthew Rogers)						
Hammer	Matthew Rogers	34.89m	36.23m (PR)	34.21m	34.26m	
St. Andrews Hammer Throw Record: 36.23m (Matthew Rogers)						